

KERRIMUIR PRIMARY SCHOOL

NEWSLETTER No.17

CRICOS No. 00861K

Molbray Street

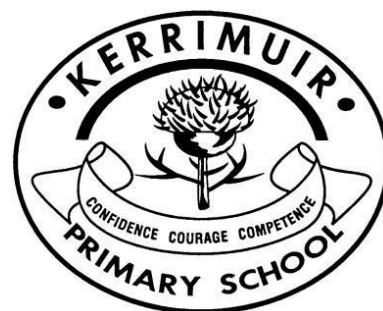
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THURSDAY
11TH JUNE, 2009

DIARY DATES

Thu	11 June	Resources Meeting 7.00pm
Fri	12 June	Pupil Free Day—No School
Mon	15 June	School Council Meeting 7.30pm
Wed	17 June	Chess Competition @ KPS Pie Drive Delivery
Fri	19 June	Reports sent home 5/6 Sport-Beverley Hills (H)
Fri	26 June	End of Term 2—2.30pm dismissal
Mon	13 July	Term 3 Starts

NOTICES SENT HOME

Notice sent home	Recipient	Date
Human Swine Flu	Youngest	5th June
Australian Maths Challenge	Senior School	9th June

PRINCIPAL'S REPORT



Chicken Pox

As you may have heard, Chicken Pox seems to be making its way through the school at the moment.

Included in the Newsletter are some things to watch for and details for anyone who has not been immunised against this infectious disease.



Pupil Free Day Tomorrow

Please remember all schools in Victoria are having their one and only pupil free day tomorrow.



Primary Schools of the 21st

Century

I received a very chirpy call from Anna Burke, our local federal member on Tuesday, to congratulate us on receiving our \$2 million to build our new Senior Wing on the site of the old

After Care building. Plans are nearly completed and we are very excited about the start of our building program.

Karyn Simes-Martin

"Motivation is what gets you started. Habit is what keeps you going"



CONGRATULATIONS TO OUR MAY

AUSSIE OF THE MONTH

SCOTT HANSEN

PREP/1K

Learn Today · Lead Tomorrow

KERRIMUIR PRIMARY OSHC PROGRAM

Monday 15/06/09	Tuesday 16/06/09	Wednesday 17/06/09	Thursday 18/06/09	Friday 19/06/09
Active Aftercare "Multi Sports"	Cooking "Mars Bar Slice"	<i>Active Aftercare "Soccer"</i>	Dodge Ball & Octopus	MUMMY WRAP
<i>Colouring Competition</i>	Moving Bears	Paper Pleating	Free Choice Art & Craft	<i>Movie & Popcorn</i>
Free Play	Free Play	Free Play	Free Play	Free Play

* Puzzles, board games, Dolls, Sports equipment, Dress-ups, Lego, Blocks, Drawing, Nintendo and T.V are available everyday *

CAKE RAFFLE

Many thanks to last week's chefs & congratulations to the winners:
Ryan McDonald, Matthew McLennon, Kitty Wang, James See, Amy Moore, Kelsey Peachman & Roger Sun.
We raised \$89.30

Next week's (19/06/09) chefs are:
Michelle Candiloro, Neroli Peachman & Megan Codd (1 cake each) and Toby Dods (3 cakes) and Sweet Lee Brown (2 cakes).

Chefs for 26/06/09 are:
Adele Pasquini, Rose Eden, Marian Boyd & Anne-Maree Chaffer.

Thank you for all your support!
Rose Eden



CANTEEN ROSTER

MON	15 JUNE	HELP NEEDED
TUE	16 JUNE	TINA ANTIGNANI
WED	17 JUNE	MARGARET DEUTSCH
THUR	18 JUNE	HELP NEEDED
FRI	19 JUNE	LUCY BARNES

Volunteers: 12.00-2.00 pm

CALL DEBRA WHITE 9890 5703



Beautiful Murals

Many thanks to Julia Weston, Shi Shang (6 F) and Amy Robinson for their gorgeous murals facing Molbray Street and on the Multi-Purpose Room stage.

☆☆☆

Erin & Dakota.....

Are looking for anyone willing to take Dakota to and from school during the colder months.

We live on Twyford Street only a couple of streets away from the school.

Please contact Erin on 0413 854 758 Thankyou.

Kerrimuir Primary School

50th Anniversary Commemorative Cookbook

As part of the 50th Anniversary celebrations, the Fundraising Committee would like to produce a cookbook to help commemorate the occasion.

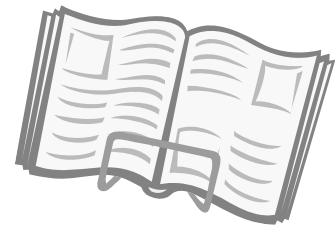
We would like YOU to provide a copy of your Family Favourite recipes.

These could have a particular cultural or religious significance or it could simply be a recipe that everybody in the family loves to eat. Please feel free to submit as many recipes as you like, but only the first received of a particular recipe (i.e. Chocolate Cake) will be included, so be quick!!!

Your Child's Name and Class will be included in the cookbook along with your comment about the recipe.

Recipe categories are expected to be:

- Soups, Starters and Entrees
- Poultry
- Seafood
- Lamb, Beef
- Vegetarian and Vegan
- Cakes, Biscuits, Slices
- Yeast Cookery (Breads and Buns)
- Desert Dishes
- Home Produce (Pickles, Jam, Chutney)



Please return the attached slip to your child's teacher or you can email your recipe to:

sue.hopgood@live.com.au

Recipe Title:

Category:

Ingredients: (Please use Metric measurements)

Method:

Child's Name:

Child's Class

Why is this dish so special to your family?

Chickenpox - Varicella

Chickenpox is an infection caused by the varicella virus. It can not be treated with antibiotics. Treatment is usually for the symptoms. It is easily spread by either having direct contact with (ie touching) the person who has chickenpox or from fluid droplets in the air from them coughing. Mild fever and a rash are the most common signs of chicken pox. A person with chickenpox is infectious to others 1 to 2 days before the rash develops until the last blister has dried up. Children and adults of any age can get chickenpox but it is more common in children. It is rare to get it more than once and other complications are rare. A chickenpox vaccine is recommended at 18 months as part of normal vaccinations. It is very effective, has few side effects and is free in Victoria.

Signs and symptoms

A mild fever.

Feeling tired and irritable.

Itch.

Rash. The rash usually starts on the chest, back or face. It then can move to other areas of the body including inside the mouth. At first the rash looks like small pimples. These later become blisters full of fluid.



click
for
larger
picture

How it is spread

Chickenpox is very easy to catch (highly contagious). It can be spread by either having direct contact with the person who has chickenpox, from coughed fluids from their chest or by touching the liquid from the blisters. Children with chickenpox are infectious 1-2 days before the rash starts until the last blister has dried.

What to expect

The rash usually starts between 10 to 21 days after first being exposed to someone with the infection. This time between exposure to getting the rash is called the 'incubation period'.

Treatment is about controlling the itching from the rash and the other symptoms related to the viral illness. There are many medications and creams that you can get from your local pharmacy to help with the itching like solugel or solosite.

Most children with chickenpox are unwell for about 5 to 7 days. Only a few need to be admitted to hospital. Because chickenpox is a virus it can not be treated with antibiotics.

Children with a severe infection or with underlying serious medical conditions may be given anti-viral medication. If your child gets large, sore, red areas around the rash, or becomes unwell, see your family doctor.

At home care

It can be difficult to make sure children drink enough when they are unwell. Give sips of drinks and icy pops, soup and other fluids often. This helps prevent dehydration and helps control the fever. Children with chickenpox can feel tired and irritable. Taking paracetamol can help. Do not put too many clothes on your child or overheat them as this can make the the itching worse.

Children with chicken pox should not go to school or kinder until the last blister has dried. A dry blister scab is not infectious. Tell the school if your child gets chickenpox. There may be other children who need to be immunised or treated.

Someone with chicken pox is infectious to others 1 to 2 days before the rash starts until the last blister has dried up. Some members of the family may need to stay away from the child during this infectious stage. This includes people who are on chemotherapy or long term oral steroids, newborn babies and pregnant women who have not had chickenpox before. Most people cannot get chicken pox again if they have already had it.

Children with chicken pox can usually be cared for at home and do not need to see a doctor. If you are concerned, see your family doctor or Maternal and Child Health Nurse.

Continued.....

Special considerations

Anyone who is taking long term oral steroids and anyone who is immune compromised (on chemotherapy or after an organ transplant), pregnant women or newborns should see their doctor if they think they have been exposed to chickenpox, as they may need treatment to prevent chickenpox.

People with skin problems like eczema may also need to speak to a health professional for advice on which creams they can use for the rash. Also as their chickenpox may be more severe than usual.

Children with chickenpox should not be given aspirin.

Key points to remember

Chickenpox is very easy to catch.

Antibiotics will not cure chickenpox.

Treatment is usually for the symptoms, such as rash, not the infection.

The rash usually starts between 10 to 21 days after first exposure to chickenpox.

Do not give aspirin to someone with chickenpox.

Chickenpox is infectious 1-2 days before the rash starts until the last blister has dried.

For more information

Talk to your [family doctor](#), [paediatrician](#), [Maternal and Child Health Nurse](#) or pharmacist.

Department of Human Services (DHS) [Immunisation Fact Sheets: Chickenpox \(Varicella\) immunisation information](#)

Department of Infection Control (RCH), Tel: (03) 9345 5740

For your doctor: [Clinical Practice Guideline](#) / [Kids Connect](#)

Exclude until fully recovered or for at least 5 days after the eruption first appears. Note that some remaining scabs are not a reason for continued exclusion.

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