Sun Smart Policy

**Rationale:**
Too much ultraviolet (UV) radiation from the sun can cause sunburn, skin damage, eye damage and skin cancer. Australia has the highest incidence of skin cancer in the world, with two in three Australians developing some form of skin cancer during their lifetime. Overexposure to the sun during childhood and adolescence is known to be a major cause of skin cancer.

**Aims:**
- To increase student and community awareness about skin cancer and sun protection
- To encourage the entire school community to use a combination of sun protection measures whenever UV Index levels reach 3 and above
- To provide a safe school environment that provides shade for students, staff and the school community
- To assist students to be responsible for their own sun protection
- To ensure that families and new staff are informed of the school’s Sun Smart Policy

**Implementation:**
- All children and staff to use a combination of sun protection measures whenever the UV Index reaches 3 and above to ensure they are well protected from the sun. Particular care is taken between 10am and 2pm (11am and 3pm daylight saving time) when UV Index levels reach their peak during the day. A UV Alert Widget will be attached to the school website in order to monitor daily UV levels.
- Consider Sun Smart procedures when planning all outdoor events e.g. assemblies, camps, excursions and sporting events. When possible, outdoor activities or events to be held earlier in the morning or later in the afternoon, or to try using indoor venues.
- School council ensures there is a sufficient number of shelters and trees providing shade in the school grounds, particularly in areas where students congregate e.g. lunch, canteen, outdoor lesson areas and popular play areas.
- The principal and Occupational Health and Safety representative will complete an annual visual shade audit to ensure there is adequate shade.
- In consultation with the school council, shade provision is to be considered in plans for future buildings and grounds.
- The availability of shade is considered when planning excursions and all outdoor activities.
- Children are encouraged to use available areas of shade when outside.
- Children who do not have appropriate hats or outdoor clothing are required to play in the shade or suitable area protected from the sun.
- Sun protective clothing to be included in our school uniform/dress code and sports uniform. School clothing should be made of close weave fabric and include shirts with collars and longer sleeves, longer style dresses and shorts and rash vests or t-shirts for outdoor swimming.
- Children are required to wear hats that protect their face, neck and ears e.g. legionnaire, broad brimmed or bucket hats, whenever they are outside during the months of September - April, inclusive.
- Children and staff are encouraged to wear close fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible whenever they are outside.
- Staff will remind children to apply sunscreen before going outdoors
- Staff to act as role models by; wearing sun protective hats, clothing and sunglasses when outside, applying SPF 30+ broad spectrum, water resistant sunscreen and seeking shade whenever possible.
- Families and visitors are encouraged to use a combination of sun protection measures (sun protective clothing and hats, sunglasses and sunscreen) when participating in and attending outdoor school activities.
- Sun Smart educational programs which incorporate the need for vitamin D will be included in the curriculum for all grade levels.
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- Sun Smart behaviour to be regularly reinforced and promoted to the whole school community through newsletters, school website, parent meetings, staff meetings, school assemblies, student and teacher activities and on student enrolment.

**Evaluation:**

This policy will be reviewed as part of the school's three-year review cycle.